

<b>8 June 2018</b>		<b>ITEM: 7</b>
<b>Health and Wellbeing Board</b>		
<b>Children and Young People’s Mental Health Joint Strategic Needs Assessment</b>		
<b>Wards and communities affected:</b> All	<b>Key Decision:</b> Non-key	
<b>Report of:</b> Maria Payne, Senior Public Health Programme Manager – Health Intelligence		
<b>Accountable Head of Service:</b> Ian Wake, Director of Public Health		
<b>Accountable Director:</b> Ian Wake, Director of Public Health and Rory Patterson, Director of Children’s Services		
<b>This report is</b> Public		

## **Executive Summary**

The Joint Strategic Needs Assessment (JSNA) process is intended to provide a shared, evidence-based consensus about key local priorities and drive planning and commissioning to improve health and well-being outcomes and reduce inequalities. The focus of this JSNA is Children and Young People’s Mental Health.

This report makes a series of recommendations for action across a broad spectrum of areas, departments and partners to have a population-level impact on improving mental health in Thurrock’s children and young people.

### **1. Recommendation(s)**

- 1.1 That the contents of the JSNA document be approved by the Health and Wellbeing Board including the recommendations found in the report and that Board members use the contents and recommendations of this JSNA product to drive local commissioning decisions around children and young people’s mental health.**
- 1.2 That the Health and Wellbeing Board note the work on this JSNA as being pivotal to a wider programme of partnership working around this topic [see feedback from Mental Health Summit provided as an appendix].**

### **2. Introduction and Background**

- 2.1 We know that the mental health of our children and young people is a major concern for young people, parents, teachers and other professionals. One in ten young people has some form of diagnosable mental health condition (DoH & DfE, 2017). Between a quarter and half of all adult mental health disorders could be averted with effective childhood interventions (COI, 2011).
- 2.2 The Joint Strategic Needs Assessment (JSNA) process involves an assessment of the current and future health and social care needs of the local community – these are needs that could be met by the local authority, Clinical Commissioning Groups (CCGs), or NHS England. It is intended to provide a shared, evidence-based consensus about key local priorities and support commissioning to improve health and wellbeing outcomes and reduce inequalities.
- 2.3 This JSNA focuses on the mental health of Thurrock’s children and young people in a broad sense – addressing the protective factors for positive mental health and risk factors for poor mental health, rather than focusing solely on diagnosed mental health conditions. This JSNA aims to:
- Understand the main protective factors and risk factors for mental health and wellbeing in children
  - Provide analyses from the Brighter Futures Survey conducted in a number of Thurrock schools last year to demonstrate young people’s needs
  - Provide an overview of what is currently being done in Thurrock in relation to these broader factors
  - Provide an overview of the evidence on what works to improve children and young people’s mental health including key case studies
  - Identify priority areas for action to improve children and young people’s mental health in Thurrock

### **3. Issues, Options and Analysis of Options**

- 3.1 These are detailed within the JSNA report itself.
- 3.2 The report outlines the wide range of factors that can contribute to positive or negative mental health in children and young people, and some key recommendations for future work programmes to address the issues highlighted.

### **4. Reasons for Recommendation**

- 4.1 The JSNA highlights a number of opportunities for improving mental health in children and young people in Thurrock by linking analysis of need, supply and demand. Our analysis suggests that implementing the recommendations in this report could significantly improve the lives of children and young people in Thurrock.

4.2 The JSNA was shared with a large number of stakeholders at the Children and Young People's Mental Health Summit on 18<sup>th</sup> May 2018, to a large amount of positive feedback and has resulted in a subsequent drive to act on the recommendations contained in the JSNA, along with some others raised by attendees (see appendix on feedback from this event).

## **5. Consultation (including Overview and Scrutiny, if applicable)**

5.1 The JSNA was produced with contributions from key stakeholders as listed in the report's acknowledgements section.

5.2 As noted in point 4.2, this JSNA was shared with a range of stakeholders at the Mental Health Summit, including representatives from:

- Thurrock Public Health
- Thurrock Children's Services
- Thurrock Primary and Secondary Schools, and Colleges
- SERICC
- Youth Cabinet
- NELFT - Emotional Wellbeing Mental Health Service (EWMHS)
- Local Area Coordination Team
- Thurrock Mind
- Online Mental Health Counselling Service Kooth
- Children and Young Person's Substance Misuse Service – CGL Wize Up

5.3 The Mental Health Summit was chaired by Councillor Halden in his capacity as Portfolio Holder for Education and Health.

## **6. Impact on corporate policies, priorities, performance and community impact**

6.1 The JSNA aligns with the Council's three new priorities for People, Place and Prosperity by demonstrating our commitment to partnership working to improve health and wellbeing.

6.2 The recommendations in the JSNA also support the delivery of the Thurrock Health and Wellbeing Strategy 2016-21 – in particular Goals A (Opportunity for All), C (Better Emotional Health and Wellbeing), and E (Healthier for Longer).

## **7. Implications**

### **7.1 Financial**

Implications verified by: Roger Harris, Corporate Director, Adults Housing and Health

The report details a series of opportunities for tackling inequalities in mental ill-health in the child population which should contribute towards reducing demand on primary and secondary health care and social care services. Decisions arising from recommendations of the JSNA that may have a future financial impact for the council would be subject to the full consideration of the cabinet before implementation, and in the case of the NHS, by the relevant Boards of NHS Thurrock CCG and provider foundation trusts. Detailed business cases will have to be worked up before any investment decisions will be made and these will go through the usual governance routes.

## 7.2 Legal

Implications verified by: Roger Harris, Corporate Director, Adults Housing and Health

Under the Health and Social Care Act 2012, JSNAs and Joint Health and Wellbeing Strategies form the basis of clinical commissioning groups, NHS England and local authority commissioning plans, across all local health, social care, public health and children's services. There are no legal implications; this report has been compiled to support and inform local planning and commissioning.

## 7.3 Diversity and Equality

Implications verified by: Roger Harris, Corporate Director, Adults Housing and Health

The analysis and evidence base in this report seeks to understand inequalities in risks and protective factors for children's mental health in the borough and makes recommendations to further understand and take action to tackle these.

## 7.4 Other implications (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

## 8. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):

- Detailed references are given in the main report.

## 9. Appendices to the report

- Children and Young People's Mental Health Joint Strategic Needs Assessment
- Children and Young People's Mental Health Joint Strategic Needs Assessment Executive Summary

**Report Author:**

Maria Payne  
Senior Public Health Programme Manager – Health Intelligence  
Public Health Team